

# Child Death Prevention Newsletter ...Intra-nasal Flu Vaccine

Issue 2019

*This newsletter is designed to raise awareness of the work of the Child Death Overview Panel for Staffordshire and Stoke-on-Trent*

## Healthy children have died of flu in Staffordshire

The flu vaccine has been shown to reduce flu illnesses, hospitalisation and death in children

### Child vaccination:

- All children aged two to ten (but not eleven years or older) on 31 August 2019
- All in the clinical risk groups – six months to under 65 years

**are eligible for the flu vaccination**



If your child is aged between 6 months and 2 years old and is in a high-risk group for flu, they will be offered an injected flu vaccine as the nasal spray is not licensed for children under 2.

# FLU

## Here are the facts:



- The flu vaccine is available on the NHS for adults and children who are considered 'at risk'
- Children can have the nasal spray flu vaccine. All children aged two to ten (but not eleven years or older) on 31 August 2019 are eligible for the flu vaccine in 2019/20
- The best way to protect yourself and your loved ones against influenza (flu) is to get a flu vaccine every flu season
- Flu vaccine has been shown to reduce flu illnesses, hospitalisation and even death in children
- Vaccinating pregnant women helps protect them from flu illness and has been shown to help protect the baby for several months
- Even if you think you've had flu, you should still have the vaccination
- It's not too late to have the flu vaccine in November

*For further information about the flu vaccination go to:*

**[www.nhs.uk/conditions/vaccinations/child-flu-vaccine-questions-and-answers](http://www.nhs.uk/conditions/vaccinations/child-flu-vaccine-questions-and-answers)**

### A CHILD'S SNEEZE

The average speed of a sneeze can approach about 100 miles per hour. The distance particles can travel can be as far as 10 feet.



For further information visit:

<https://www.nhs.uk/conditions/vaccinations/flu-vaccine-questions-answers/>