

# LET'S TALK



Whole-family • New to the area • Feeling isolated  
Looking for local groups & activities • Volunteering  
Accessing your GP • Want to socialise & meet others

Get Free & Confidential Support

07841 485866



East Staffordshire  
FAMILY  
SUPPORT  
SERVICE

harvey girls

Dads4Dads  
MAKING FOOTPRINTS IN THE SAND LEAVING IMPRINTS ON THE MIND

[eaststaffordshirefamilysupport.co.uk](http://eaststaffordshirefamilysupport.co.uk)

Find us on 



## WHO IS THIS SERVICE FOR?

**Let's Talk** is aimed at local parents with children age 0-19 years.

The service is free and **open to all families**, whatever your circumstances.



## WHAT DOES THE SERVICE DO?

Our support is given over the **phone, text, email or face-to-face**. You can get support from us for **as long or as little time** as you need.

**HAVE A VOICE  
BE HEARD  
STAY CONNECTED**



**LET'S  
TALK**